

**Miramar College  
and  
The San Diego Regional Lifeguard Training Program  
Presents**

**COURSE TITLE: Emergency Medical Care of the Sick and Injured  
(American Red Cross Emergency Medical Response – 2013)  
(CPR for the Professional Rescuer included – 2013)**

UNITS: 1.5

**Course # FIPT 309A**

**Course Description:** This 52-hour introductory course involves lecture and skills training for those individuals who have a duty to respond in emergency situations (first responders). Course involves training in knowledge and skills necessary to sustain life, reduce pain, and minimize the consequences of injury or sudden illness.

**CERTIFICATION:** Emergency Response certification valid for three years, CPR for the Professional Rescuer (valid for one year), AED Essentials (valid for one year), Oxygen Administration for the Professional Rescuer (valid for one year), and Preventing Disease Transmission (bloodborne pathogens). This course is consistent with the U.S. Department of Transportation (DOT) first responder curriculum and exceeds the requirements of the California Health and Safety Code (Title 22).

**COURSE DATES, TIMES AND LOCATIONS**

**Session #1 – Early Spring Course – CRN #**

April 2, 4, 9, 11, 16, 18, 23, 25, 30; May 2, 7, 9, 14, 2013

Class from 6:00 p.m. to 10:00 p.m. (4 hrs./night). April 2<sup>nd</sup> and 4<sup>th</sup>, the class meets at the San Diego Fire-Rescue Training Facility, 4347 N. Harbor Drive, Building #408, EMS Room, 2<sup>nd</sup> Floor. The remainder of the dates (April 11, 16, 18, 23, 25, 30; May 2, 7, 9, 14, 2013) the class meets at the San Diego Fire-Rescue Training Facility, 4347 N. Harbor Drive, Building #608, Classroom #2.

**HOW TO ENROLL**

**Step 1 - APPLICATION AND ENROLLMENT**

Fill out application and enroll at Miramar College Admissions Office, 10440 Black Mountain Road, San Diego, CA, 92126 or apply on-line at <https://studentweb.sdccd.edu/reg-e>. Students may apply at other San Diego Community College District campuses: City College, 1313 Twelfth Avenue, (619) 230-2475; Mesa College, 7250 Mesa College Drive, (858) 627-2682; or Educational Cultural Complex, 4343 Ocean View Boulevard, (619) 388-4883.

**Step 2 - ATTEND COURSE**

Attend first day of class. You should be enrolled by the first day of class. Books and pocket mask are due on the first day of class.

**COURSE COSTS**

(This fee is subject to legislative and gubernatorial action and may change without notice)

**American Red Cross Emergency Response**

Tuition*	\$ 69.00 (\$46.00/unit - 1.5 units)	Textbook	\$70.00** (656540)
Health & Accident Fee	18.00	Workbook	44.00** (656541 - RECOMMENDED)
Student Representation Fee	1.00	Pocket Mask	15.00**
		Hand Sanitizer	2.00**
		Certificates	15.00
		Miscellaneous	10.00 (ESTIMATED)

**TOTAL ESTIMATED COST      \$244.00**

\* Tuition costs for non-California residents is \$183.00/unit, in addition to normal \$46.00/unit Tuition, \$18.00 Health & Accident Fee, and \$1.00 Student Representation Fee. **TOTAL Non-California Resident Cost \$518.50**

\*\* Materials can be purchased through the American Red Cross, San Diego Headquarters, 3950 Calle Fortunada, SD, CA or on-line "Shop Stay Well" <http://www.redcrossstore.org/shopper/prodlist.aspx>. **Please have books on the 1<sup>st</sup> day of class!**

**JOBS AVAILABLE**

***"A Challenging Career Opportunity"***

Individuals who successfully complete "Introduction to Open Water Lifeguarding" and who possess an "American Red Cross Emergency Response" or equivalent certification are eligible to apply with the following participating lifeguard agencies: **Camp Pendleton, Coronado, Encinitas, Imperial Beach, North Island, Oceanside, San Diego, and Solana Beach.**

Note: Each agency has their own employment requirements that may involve additional physical fitness tests, medical examinations, drug screening, vision and hearing tests, possession of a valid California Driver's License, a legal right to work in the United States, etc.

Completion of this course does not guarantee employment. Provisions of this bulletin does not constitute an expressed or implied contract.

**For Job and Employment Information Contact:**

Camp Pendleton	-	Lt. Chris Dunn	(760) 725-7979	North Island	-	Lt. Jeremy Sanders	(619) 545-7221
Coronado	-	Sgt. Aaron Wonders	(619) 522-2625	Oceanside	-	Sgt. Blake Faumuina	(760) 435-4015
Encinitas	-	Sgt. David Brown	(760) 633-2750	San Diego	-	Lois LaChusa	(619) 221-8844
Imperial Beach	-	Sgt. Jason Lindquist	(619) 628-1420	Solana Beach	-	Sgt. Greg Uruburu	(858) 720-4444